

CREATIVITY & CULTURAL AFFIRMATION

CO-CREATE COLORING &
COLLAGE ACTIVITY

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COLORING & COLLAGE ACTIVITY - SAMPLE 1



OBJECTIVES

This lesson plan can be adapted to suit your classroom's needs:

- Participants will create a self-portrait, name tent card, or plant pot cover that celebrates Latinx Heritage through the language of textiles, embroidery, food, cultural iconography, plants, and photographs.
- Build critical thinking skills and reflect on one's values, personal experiences, and favorite things.
- Practice mindfulness or meditation through the act of coloring, self-reflection, and self-expression.
- Add personalized text or images for each coloring prompt.
- Think about how culture, the arts, and creativity play a role in our daily lives.
- Consider how the arts (textiles, music, film, literature, dance, theatre, and visual art) can be used to promote wellness, cultural affirmation, and a sense of identity.

SAMPLE 2 - GROW POT COVER



SAMPLE 3 - NAME TENT CARD



ACTIVITY

- Color the items on the activity sheets and think about what you want your collage to include.
- The blank book can include a printout or drawing of your favorite book, comic, magazine, journal or an aspirational quote you would like to live by.
- Add your photo or a portrait of yourself within the frame provided.
- Draw a mask, a character, or self portrait using the blank oval face.
- Draw your favorite food or add a printed photo on the blank plate.
- Color the Otomi embroidery patterns with colors that best reflect your style or personality.
- Consider why and how each item you include has helped you to celebrate culture.
- Once you complete the coloring process, cut out the pieces and choose the activity you want to make.

COLLAGE ON PAPER

- Glue your elements together. Create a self-portrait that extends outside the boundaries of a sheet of paper.
- Add printed photos or images of things you like. This can include stickers, glitter, pressed flowers, etc.
- Display your collage flat or display it as a paper sculpture by adding a cardstock paper stand behind it to keep it upright.

NAME TENT CARD

- Fold a piece of cardstock in half to form a tent.
- Write your name on the front and decorate your name with the pieces you colored and cut to the front of your tent card.
- Keep the name tent card on your desk to remind you of what is important to you and how you can revisit those experiences to help promote positivity in your life.

PLANT POT COVER

- For best results, use a heavy or stiff piece of paper like cardstock for the base of the collage.
- Measure the circumference of your plant's grow pot and cut a strip long enough to wrap around the pot, and tall enough to cover the pot but not block the light for the plant.
- Color the pieces on the activity sheet that reflect what you want to honor about your life or Latinx culture.
- Glue the pieces on your long strip of paper while flat.
- Once finished, wrap the collage around the pot for a secure fit, and glue or staple the edges of the strip together to form a circle and keep the cover in place.

MATERIALS

- Printed coloring and collage activity sheets
- Card stock or heavy paper for name tent card, folded in half, or for grow pot cover.
- Markers, colored pencils, crayons, or watercolor paints.
- Sheet of paper or posterboard to glue collage activity together.
- Scissors.
- Glue.
- Any decorative items you may want to add to reflect your personality, like stickers, glitter, leaves, pressed flowers, etc.

VOCABULARY

Note: Below are some terms you may encounter in this lesson or may find useful.

- **Art** - A diverse range of human activity and resulting product that involves creativity, imagination, emotions, concepts, and ideas. The arts include dance, theatre, music, film, literature, visual art, and more.
- **Culture** - The beliefs, customs, values, arts, language systems, etc., of a particular society, group, place, or time.
- **Community** - A feeling of fellowship with others, as a result of sharing common attitudes, interests, and goals.
- **Diversity** - The state or fact of being diverse, difference, unlikeness, variety. The inclusion of individuals representing more than one national origin, color, religion, socioeconomic stratum, sexual orientation, etc.
- **Embroidery** - The process of forming a decorative design with colored threads and needlework.
- **Empathy** - The ability to understand and share the feelings of another.
- **Identity** - The distinguishing character or personality of an individual.
- **Intrinsic Value** - The perception of one's inherent value as a living and breathing being, not defined by merit or status.
- **Latinx Heritage Month** -Latinx Heritage Month also previously known as Hispanic Heritage month is celebrated September 15 - October 15. LatinX Heritage Month or Hispanic Heritage month (official government designation), recognizes and honors the enduring contributions and importance of LatinX Americans to the U.S. and celebrates the many heritages and cultures from or with ancestors from Mexico, the Caribbean, Spain, and Central, and South America.
- **Meditation** - a practice in which an individual uses a technique such as mindfulness, to focus the mind on an object, thought, or activity to train attention and awareness, and achieve a mentally clear and emotionally calm state.
- **Mindfulness** - the practice of purposely bringing one's attention to the present moment without evaluation through meditation, breathing exercises, and training.
- **Otomí** - Indigenous peoples from Mexico known for their embroidery depicting colorful florals and animals. The embroidery is known as Tenangos and it is created by hand.
- **Self Expression**- The expression of one's feelings, thoughts, or ideas, especially in writing, art, music, or dance.
- **Self-portrait** - An image you make of yourself that reflects your physical appearance, personality, values or beliefs.

COLORING AND COLLAGE TIPS

- Color outside of the boundaries of the illustration. You can clean up the design when you cut it out of the sheet.
- Cut the illustration out first in a general shape and then trim the small areas with scissors for precision.
- The cuts do not have to be perfect. The activity is meant to inspire creativity, not perfection.

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